

From: Kathy

To: John

Sent: Friday, April 24, 2009 4:30 PM

Subject: Bionaid works!

My throat had felt scruffy on and off that day and so I did my usual extra vitamin C and peppermint oil, treatments that for me always work...but not this time, eleven o'clock at night and I was slammed with bronchitis, body aches and fever. I could not believe how sick I was...I went to my doctor and she said "viral influenza" and had nothing to give me.

My lung capacity was decreased 25% and my normal oxygen saturation of 98% was down to 90%. Once again I cannot tell you how unbelievably bad I felt. I was doing seaweed baths, baking soda baths, mustard baths 2-3 per day with no seeming improvement. I had to call in sick at work and cancel all my scheduled appointments. I felt like this was going to last an unbearably long time.

One of the appointments that I canceled was with Lori. When I told her what was going on, she told me about Bionaid and asked me if I'd like to try some...I took a teaspoon at noon and another teaspoon at 9 PM ...my breathing that day was labored, my lungs felt full of moisture that no amount of coughing cleared. Being sensitive, I could feel a change happening in my system...the next morning when I awoke my lungs were completely clear and I felt like I just had a common cold. My appetite was back and I wanted to clean my house that for the last 3 days had gotten pretty messy for lack of energy to do anything.

I am taking it easy today but at the same time I feel like dancing...being a nurse I know how long viral bronchitis/ pneumonia can last! I could hardly believe I felt so devastatingly bad for 3 days and now felt so much better with the hope and expectation of a speedy recovery!!! Thank-you Lori and John....I'm sure you have saved me from a long and ??? illness.

Kathy